



# Leon Valley Arbor Day

Is Going **PINK** for  
Cancer Awareness & Prevention

**Saturday, November 1, 2014  
8am to 12pm**

## 2014 Arbor Day Tree-K 3.1 mile Walk/Run

The **Arbor Day Tree K Walk/Run** is the kick-off event for the **6<sup>th</sup> Annual Leon Valley Arbor Day Celebration on Saturday, November 1, 2014.**

### **REGISTRATION**

Pre-registrations/early registration submitted or postmarked **October 24, 2014 by 11:00a.m.** will be accepted at the Leon Valley City Hall Community Development Office. The early registration fees are \$25 per adult. The proceeds and donations from Arbor Day support the event as well as, tree adoptions, plantings and maintenance.

***LATE registration is \$30 from October 27, 2014 – October 30, 2014 by 5:00.m.***

***Payments*** may be made to the City of Leon Valley, c/o Community Development, 6400 El Verde Road, Leon Valley, Texas, by cash, check, Mastercard or Visa Monday through Thursday from 7:30a.m. to 5:30p.m. or Friday from 7:30a.m. to 11:30a.m. **IF** paying by mail please send payment by check only. You may also note if a check is sent by mail it must be postmarked for the deadline date or earlier.

### **PACKETS PICK-UP**

Packets with all the event details including t-shirts and numbers may be picked up at the City Hall Community Development Office **the week before** the Tree-K Walk/Run October 27 through October 30 during regular business hours. Packets not picked up the week in advance of the Tree-K Walk/Run may be picked up **at iRun Texas-Bitters, 2602 NW Loop 1604, Bldg 1, Ste #106, San Antonio, TX 78248, October 29-30 (10am-7pm) OR** onsite at the registration table the morning of the event.

Each participant will receive a Tree-K t-shirt (be sure to circle the desired size for your t-shirt on the registration form) and assigned bib with their participant number.

Applications may be obtained at City Hall or by download at [www.leonvalleytexas.gov](http://www.leonvalleytexas.gov).

### **THE COURSE**

This is a 5K (3.1 miles) walk or run through the City of Leon Valley. The goal of the course is to participate safely and be comfortable with your fitness level while being part of the fun, energy and excitement of getting your exercise for the day. This Arbor Day Tree K is a great way to combine fitness with the knowledge and awareness of tree health and personal wellness.

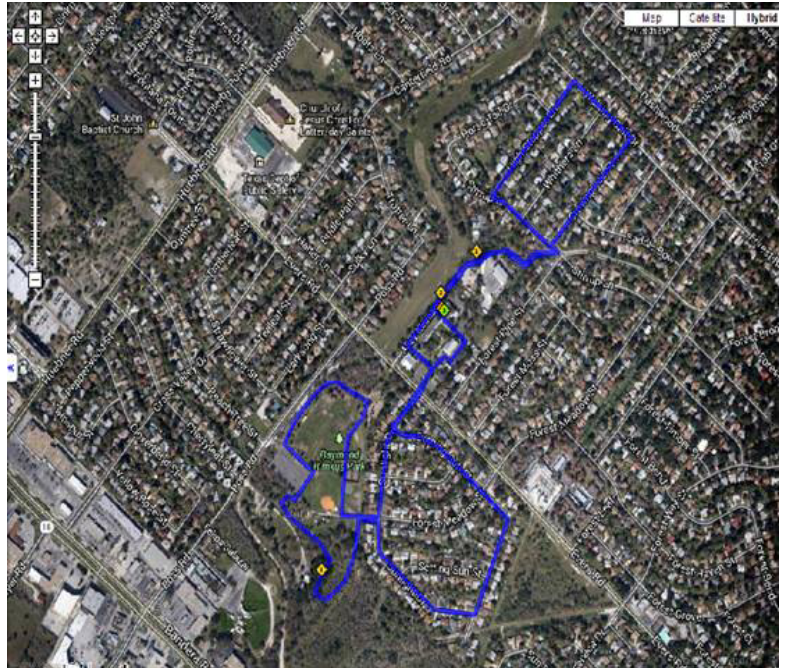
There will be directional signs throughout the Course and ¼ mile markers. There will be a water station at Forest Meadow and another at Walking Gait. EMS/an Ambulance will also be available in case of an emergency.

A START/FINISH line will be provided (please note that they are one in the same). Additionally, there will be a race clock for participants to view their finish time as they cross the FINISH line. City staff will record the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place finishers only.

**START** – Flagpole at 6427 Evers Road (Community Center), run towards 6421 Evers Road (Conference center) and past Kinman house and cross Evers to Sunlight Drive - stay to your right and enter the park at Forest Meadow – stay right and make the park loop (**stay out of Natural Area-no clear paths and rough terrain**).

Exit the park at Forest Meadow and take a right on Sunlight Dr. following Evening Sun Dr. around then cross Evers Rd at the same point back towards the Kinman house.

Take a left towards library, right down Kinman, behind public works and across bridge.....out and back – **FINISH** back at the flagpole with **3.1 miles**.



## **RULES**

For safety reasons – **NO** bicycles, skateboards, scooters, skates, inline skates, roller blades, or strollers will be permitted on the course. Also no pets are allowed on the course.

The Course will remain open 1 hour and 30 minutes from when the last runner has crossed the START line.

## **WAIVER OF LIABILITY**

Each participant **MUST** sign the Registration Form which contains the Waiver of Liability. Please read this section of the Registration Form carefully and sign at your discretion and responsibility.

## **WAIVER LANGUAGE**

**Note: THIS IS ONLY A SAMPLE**

*“**WAIVER** (must be signed) I, \_\_\_\_\_ know that participating in a walk/race is a potentially hazardous activity which could cause injury or death. I will not enter and participate unless I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official deny or suspend my participation for any reason whatsoever. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road, trail, path, course or track, all such risks being known and appreciated by me. I understand that animals, strollers, baby joggers, bicycles, skateboards, scooters, skates, inline skates, roller blades and similar items are not allowed in the race, except as required by an ADA participant. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release The City of Leon Valley, The City of Leon Valley Community Development Department, The City of Leon Valley Tree Advisory Board and all sponsors of the event their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I attest that I have read the rules of the 5K Walk/Jog/Run and agree to abide by all 5K Walk/Jog/Run rules.”*